



Thomas Telford School Football Academy

Thomas Telford School in association with **Wellington Amateurs FC** (West Midlands Regional League Division One Champions 08/09 & 09/10 & 10/11) are offering a two year educational package that combines full time education with a comprehensive Football programme.

The Course:

Students will follow the nationally recognised Edexcel BTEC Level 3 Extended Diploma (equivalent to 3 A-levels). This aims to provide students with the opportunities to progress both academically and also in the sporting field, where they can progress onto sport related courses at University or direct employment in the leisure industry.

Academic Programme of Study:

Students will study 9 units in each year of study, which will total 1080 guided learning hours over the two years of the course. Eight core units will be studied which include: Anatomy & Physiology, Sports Coaching, Sports Development, Fitness Testing and Fitness Training. Ten optional specialist units will include: Sport Nutrition, Exercise Health and Lifestyle, Instructing Physical Activity and Exercise, and Sports Injuries.

As part of the course students will have the opportunity to gain a number of qualifications including the FA level 1 & 2 in Coaching Football, Level 2 Fitness Instructors Qualification and the FA level 2 Treatment & Management of injury.

Football Academy Programme of Study:

Training sessions will be delivered by UEFA qualified coaches and will be geared towards developing student's tactical and technical awareness of the game. All students will receive comprehensive fitness related programmes and nutritional guidelines from trained professionals, and have the access to qualified sports therapists.

The Academy team will play in the British Colleges National Football League, BCS Elite National Cup, County Cup and ESFA National Cup and league cup competitions. The Ladies Academy will play in the British Colleges West Midlands Regional Football League (Region 5), ESFA National Cups and League Cup competitions.

Facilities:

Facilities at Thomas Telford School are second to none. Academy players will have access to two impeccable grass floodlit pitches, and a full size floodlit astro-turf on which to train. There is also a 25 metre swimming pool and a state of the art Fitness Centre. This facility offers the very latest fitness training equipment by leading manufacturer, Technogym and incorporates their unique Wellness System. The Wellness System will track, monitor and report fitness progression for all Academy players. There is also a comprehensive free weight training area.

Wellington Amateurs FC:

The association with Wellington Amateurs FC will provide Academy players with a genuine positive pathway to playing semi-professional Football. The 1st team currently play in the West Midlands (Regional) League Division One, and have been league champions for three consecutive years. This year Wellington Amateurs are aiming for promotion into the Premier Division and have aspirations of playing in the Midland Football Alliance. The Reserve team play in the Shropshire County Premier Division.

Thomas Telford School are proud to be connected with a forward thinking ambitious club, and feel that the association is mutually beneficial to both organisations. Both Wellington Amateurs 1st team and reserves currently train at Thomas Telford School.

Career Progression:

Students attending the academy will have opportunities to progress both academically and also in the sporting / leisure field. There are various possibilities open to students as they progress through the Academy.

- Entrance to University to study sport related degree.
- Soccer scholarship in USA.
- Direct employment in the leisure industry.
- Achieve career in Football either as a full time professional or semi-professional.